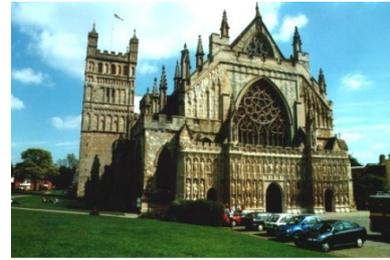


July
2014



THE ROTARY CLUB OF EXETER

"Service before self"

PRESIDENTS REPORT



Another year comes around, and with it a new set of opportunities. As a newcomer to Rotary, I can say that I attended my first meeting with some apprehension. Exeter is an old established club with members that had, for the most part, known each other for 30 years. However, I was welcomed, treated with friendliness and courtesy and made to feel that I was a valued addition to the club. Two years later, I feel that I have a new set of 'old friends' that epitomise the concept of 'fellowship'. That fellowship seems to be universal; we have now visited a few Rotary Clubs abroad and have always been welcomed and befriended. A universal recognition: walking in Lima, Peru, wearing my 'rotary pin' I was stopped by a Rotarian from Arizona, who just wanted to say hello to a fellow member. I am also amazed by the capacity of the members, who in our club are not in the first flush of youth, to carry on shaking a tin to collect money: sometimes for places they have barely heard of. And, the sometimes unbelievable, generosity of members of the public who give, via Rotary because they trust that it will go to the destination with no 'administration' taken out. An organisation I am proud to be a member of.

I hope to make my year interesting – not in the Chinese sense – and moderately exciting, not very exciting, we don't want any heart attacks! There is already a lively programme lined up until Christmas. The full details can be found later on in the newsletter. This will include 'A life of the ocean wave' (Exmouth River Café), 'A coach coming in' (Calamity Jane at the Theatre Royal), Cut-throat Croquet at Hilltop, Quiz night and, a scheme to play skittles where members of the Exeter club do not lose (sorry Doug). Horizon scanning may include a Cabaret night featuring 'The Great American Songbook', trips to Gardens and lunch at ASK. Details to follow in due course.

The year's charitable activities will include starting a 'Memory Café' which may turn out to be a bit more ambitious; and helping the women of townships in Cape Town to acquire looms to make cloth for sale.

The combined Presidents of all the four Exeter Rotary Clubs are quite strongly committed to having joint projects and events. To that end we are sharing our social programmes so that members can choose events put on by all the Exeter Clubs. The main event of the Rotary year is shaping up to be the 'Ready Teddy Jump' teddy bear parachuting in Cathedral Yard on 2nd May next year. All four clubs are participating and, it, hopefully, will become a major fundraising date in the diary. The Mayor of Exeter has very kindly allowed Rotary to have a table at his 'coffee mornings' at the Guildhall. All four clubs are collaborating in manning a presentation to promote Rotary to the public. Another project is to list all the assets owned by the various clubs which can be loaned out, so that each individual event can be supported by the whole community of clubs in Exeter.

Mike Jordon has very kindly stepped forward and 'volunteered' to be Vice President for this year, but, this is only pro-tem. We do not have President for next year. I have suggested that we adopt a 'buggins turn' approach to having a President (the list of former presidents is in the handbook). Perhaps, if a President elect does not step forward this could be adopted.

In conclusion, I am still a very junior member of Rotary (certainly in Exeter Club) and would welcome any help, advice, criticism (in moderation) that any member may wish to make. I look forward to working with the membership of the club and members of my council during my year and hope that you will all have an enjoyable time.

John Greenfield

EXETER ROTARY COUNCIL MEETING





Garden Notes for July, August and September

Enjoy your garden over the next three months, the colours, the scents and the general sense of wellbeing as you relax in it. But, do not forget that it needs water in dry weather and food all the time – use a general purpose feed for flowering plants and a high nitrogen feed for leafy plants. Use the soluble feeds and water it around and not on top of the plants if possible and use it full strength if only watering weekly but they can be applied more frequently at half strength or less.

Do not forget to “dead head” regularly to produce more flowers and with roses cut off the dead flowers with secateurs a few inches of stem below to just above an outward pointing leaf .

Growth of trees and shrubs is excessively strong this year and some could easily get out of hand. Don't be afraid to cut back their growth to contain them to the size you want them to be, but if cutting off large branches, always try to cut back to a joint with another branch. There are always exceptions and this time it is cherries and plums – do not cut them anywhere in the summer as both species have a “killer” disease which can enter the cuts with their spores which are carried on the wind and infect the tree.

In the fruit and veg. garden the summer fruits are “on stream” with strawberries, raspberries, currants, cherries etc and all too quickly they are over, but you can prolong the supply by having several different varieties which will fruit in succession. After strawberries have finished fruiting cut off all the old leaves 2 or 3 inches above the crown of the plants and clear away all the old leaves to prevent any disease they may contain from spreading back to the plants as they produce new leaves. Water and feed them to help build up the plants for a bigger crop next year. Once you have picked your blackcurrants, the bushes can be pruned by cutting out some of the older branches (dark wood) to make room and encourage the new (paler) wood which will bear next year's crop. Again water and feed (high nitrogen). Do NOT treat your redcurrants in the same way – leave well alone for the time being. Blackberries will be producing new shoots now – take care not to damage these whilst picking this season's fruit as they will bear next year's crop and all the wood producing fruit now must be cut off in late autumn. For gooseberries, wait until all the leaves fall off before pruning – more advice on these next time as different varieties need different treatment.. On the veg front, I am growing courgettes - 3 in a growbag on the terrace very successfully and they like daily water with a dilute high nitrogen feed. I also grow some lettuce called Salad Bowl in seven inch pots using the same treatment and picking the lower leaves to eat as required and these will carry on producing leaves for more than a month. I have recently seen carrots growing well in very large pots and I am trying Spring onions and Radishes in troughs – more on my experiments next time.

Happy gardening, Ken



Following our recent talk—Sand Dams the technology

A sand dam is a reinforced concrete wall (or a similarly robust and impermeable weir) built 1-5 metres high across a seasonal sand river. When it rains the dam captures soil laden water behind it – the sand in the water sinks to the bottom, whilst the silt remains suspended in the water. Research on Kenyan dams shows that only 1 to 3% of rainwater is retained behind any individual dam, the remainder continues its natural flow towards the ocean. [1] Eventually the dams fill with sand - sometimes after only one rainfall or over 1 – 3 seasons. 25 to 40 % of the volume of the sand held is actually water. .A mature sand dam can store millions of litres of water – refilling after each rainfall providing a year round supply of clean water to over 1,000 people.



David Garaway handing over to incoming president John Greenfield

Outgoing President's Report



Looking back, it seemed to have been a quarter of bank holidays which seemed to have disrupted our schedule somewhat but, looking through the diary we seem to have done a great deal. We have had 5-minute-ish presentations on the birth of the railways in the South West, on Ukraine, on careers in the House of Fraser, Unilever and as an impresario; had full presentations from the Community Safety Police and the Devon Freewheelers; Nine people have signed up for Bridge lessons, given by Richard and Pat Perring, which will recommence in earnest in September and we have had excellent excursions to Rosemoor Garden and the Northcott Theatre to see "Me and my Girl".

On the Community Service front we stewarded a sponsored fund-raising walk for the WESC Foundation and also participated in their recent street collection. Two Club members now volunteer on a regular basis for the Exeter Food Bank and we have also held collections of food for them.

We have also donated to the "Sand Dam" Project in Africa (we hope to hear more about this at our meeting on June 23) in addition to our "Help Eradicate Polio" and Philippines disaster donations last year. On a more formal basis, we continued to participate in the "Youth Speaks" competition, attended the Rotary District Assembly, held our own Club Assembly and had a very pleasant President's Night at Reed Hall in the University. So – a busy time, but the greatest achievement, to my mind, was the creation of a new Member's category – "Associate Members" – the brainchild of Bernard Frowd's Club Service Committee. With the extravagance of hindsight it seems extraordinary that, because of ill-health or bereavement, people – members and spouses with a long association with the Club – should be suddenly cut off from ongoing involvement when, as Associate Members they can receive notification of what is happening in the Club, be included in our directory and can join us when and whenever they wish. Ten people have so far accepted our invitation, and that number may rise. So, if you are one of our new Associate Members and are reading this Newsheet for the first time in a while – "Welcome back! We're delighted to have you back with us."

FUND RAISING for the EXETER CLUB

Club members will know that the continuation of theatre raffles during David's Presidential Year have contributed towards the raising of funds for our Charity account. As we welcome our new President John I am pleased to confirm the autumn series of shows which will present more opportunities to raise money and also to promote the work of our Rotary Club in the area.

Programme. The following dates are confirmed:

- ⇒ **Friday 19th September** – Barnfield Theatre Exeter. The New Jersey Boys (Frankie Valli and the Four Seasons). Tickets are already selling for this popular show.
- ⇒ **Saturday 18th October** – Manor Pavilion Theatre, Sidmouth. Simon and Garfunkel – Through the Years. A very successful show. Part of a UK Tour.
- ⇒ **Sunday 2nd November** – Manor Pavilion Theatre, Sidmouth. Matinee. An Afternoon with Anita Harris.
- ⇒ **Friday 21st November** – Manor Pavilion Theatre, Sidmouth. The New Jersey Boys. Return visit following last year's sell-out.
- ⇒ **Thursday 27th November** – Barnfield Theatre, Exeter. Another Evening with Bob Newhart and Tom Lehrer. Hilarious satire.
- ⇒ **Thursday 4th December** – Manor Pavilion Theatre, Sidmouth. Christmas Jazz with Peter Gill and friends.

President John and Gilly have already indicated that they are prepared to give of their time to sell raffle tickets at the above shows. However, I am sure that other Club members will wish to offer their support "on the night". It's fun – it's fellowship and you get to see the show free!

Tickets available via Gordon at gdbess@globalnet.co.uk



**Programme
for July to
December
2014**

| Date | Stewards | What | Where |
|----------------|--|---|------------------------|
| 7st July | Geake/Johns | Presidential Handover | EGCC |
| 14th July | Jordan/Perrin | Council - 11am | EGCC |
| 21st July | Scatter week | | |
| 28th July | Thompson/Warren | Speaker - Shelterbox? | EGCC |
| 4th August | Welburn/Whitton | River Exe meal 6.45pm Water Taxi to Café | |
| 11th August | Bess/Bradford | Speaker - Express and Echo Editor | EGCC |
| 18th August | Cannon/Challens | Council/Speaker - Exeter Redcoat | EGCC |
| 23rd August | Croquet Competition | Hilltop | |
| 25th August | Bank Holiday | No Meeting | |
| 1st September | Cooper/Crundwell | Skittle evening & 2 course supper | Malsters Woodbury |
| 8th September | Scatter week | | |
| 11th September | Talk by John Stuart - Clap- per Bridges | of Dartmoor - £8.00 | Matthews Hall 7.30pm |
| 15th September | Eisner/Frowd | Council - 11am | EGCC |
| 20th September | Garaway/Geake | Calamity Jane (sold out) | Theatre Royal Plymouth |
| 22nd September | Johns/Jordan | | EGCC |
| 29th September | Parker/Parkhouse | Speaker - Cider making | EGCC |
| 6th October | Perrin/Thompson | | |
| 13th October | Warren/Welburn | Quiz Evening | The Mews, EGCC |
| 20th October | Bess/Bradford | Council - 11am | EGCC |
| 27th October | Cannon/Challens | Speaker - Exeter's Civil War | EGCC |
| 3rd November | Cooper/Crundwell | | EGCC |
| 10th November | Eisner/Frowd | | EGCC |
| 13th November | Garaway/Geake | Restaurant 34 Exeter Col- lege (to be confirmed) | |
| 17th November | Ladies Night | Council - 11am | EGCC |
| 24th November | Johns/Jordan | Speaker - Christmas Cus- toms from abroad | |
| 1st December | Parker/Parkhouse | | EGCC |
| 8th December | Warren/Welburn | Christmas Dinner | Jack in the Green |
| 11th December | Perrin/Thompson | Carols in the cathedral with Philharmonic Choir | |
| 15th December | Bess/Bradford | Christmas Lunch | EGCC |
| 22nd December | | No Meeting | |
| 29th December | | No Meeting | |

THE ROTARY CLUB OF EXETER RETROSPECTIVE

THE ROTARY CLUB OF EXETER

The fourth and final quarter of the Rotary year and a brief summary of our meeting are detailed below.

| | |
|------------------------|--|
| April 7 th | A most enjoyable day trip to the RHS gardens at Rosemoor near Torrington in North Devon. The weather was not very kind for us. |
| April 14 th | Fellowship meeting. |
| April 21 st | No Meeting (Easter Monday) |
| April 28 th | Club Assembly |
| May 5 th | No Meeting (May Day Bank Holiday) |

| | |
|-----------------------|--|
| May 12 th | Ladies joined us for Lunch followed by a discussion about Bridge. |
| May 19 th | Council Meeting. |
| May 26 th | No Meeting (Spring Bank Holiday) |
| June 2 nd | PRESIDENTS NIGHT. A thoroughly enjoyable evening and dinner at Reed Hall, University of Exeter |
| June 9 th | Club Assembly |
| June 16 th | Council Meeting |
| June 23 rd | Fellowship meeting |
| June 30 th | Scatter Week |

Keith Welburn 22nd March 2014